

BPEd 4 Year Syllabus

First Year

- English (Theory)
- Basic and Systematic Anatomy
- Sociology
- History of Physical Education
- Computer Fundamentals
- Sports Specialization : Track and Field

Second Year

- Teaching Methods in Physical Education
- Physiology and Physiology Exercise
- Foundation of Physical Education
- Educational and Sport Psychology
- First Aid and Safety Education
- Physical Activity Skill

Third Year

- Kinesiology
- Health Education
- Scientific Principles of Coaching
- Sports Medicine

- Teaching Ability
- Sports Specialization : Track and Field

Fourth Year

- Corrective Physical Education
- Management of Physical Education and Sports
- Bio Mechanics
- Adapted Physical Education
- Health and Fitness Management
- Optional Game Theory : Football
- Optional Game Coaching Ability : Football